

Foundation module 4

Participation and inclusion

Section 7 Monitoring and evaluating children's participation

Exercise 7



Before-and-after body map

Purpose

By the end of this exercise, participants will be able to:

- use the before-and-after body map with children, and guide its use by children, to identify changes in children or the way adults relate to them as a result of their involvement in a participatory initiative.

Timeframe

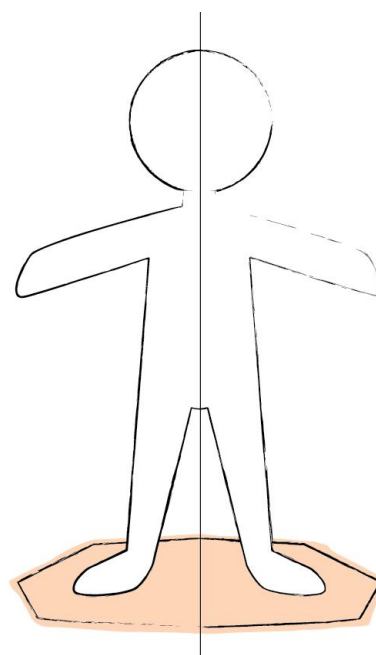
30 to 40 minutes

Resources

- a body outline drawn on flipchart paper.
- flipchart paper and coloured pens

Method

- 1 Introduce the drawing to the participants. Explain that the left-hand side represents the child **before** they were involved in the participatory initiative, and the right-hand side represents the child **after** their involvement.
- 2 Encourage the participants to think about any changes in children **before** and **after** their involvement in the participatory initiative. They can use the body parts to facilitate discussion and to record different changes in relation to the:
 - **Head** Any changes in what children think about, worry about, feel happy about? Any changes in the way adults think about children?





- **Eyes** Any changes in the way children see their world, communities, families and themselves? Any changes in the way adults see children?
 - **Ears** Any changes in what children hear? Any changes in how adults listen to them?
 - **Mouth** Any changes in the way children speak? Any changes in the way adults speak to them?
 - **Heart** Any changes in the way children feel? Any changes in the way adults feel about them?
 - **Hands and arms** Any changes in what activities children do? Any changes in the way adults treat them?
 - **Feet and legs** Where do children go? Any changes in where they go?
- 3 In plenary, facilitate a discussion on the changes achieved, and give examples.

