Session Plan - IYCF-E Response

# Session Aim

# To provide participants with an overview of a comprehensive IYCF-E response and explore actions decision makers, planners and emergency responders across all sectors can take to protect, promote and support infants and young children during emergencies.

# Learning Objectives

By the end of this session participants will be able to:

* Describe the key components of an IYCF-E response
* Explain supportive, non-technical actions that all sectors can take to protect and support IYCF at the start of an emergency
* Recognise cross cutting issues to ensure programmes are inclusive, culturally and locally appropriate and gender and age sensitive.
* Describe common obstacles to IYCF-E programming and recognise appropriate mitigation strategies
* Recognise the similarities and differences between IYCF and IYCF-E programmes

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| **Expected Duration:** 90 minutes**Recommended Number of Facilitators:** 1 **Preparation:**  Details are included in the table below. | **Materials:** | |
|  | PowerPoint  Handouts: 1. IYCF Framework (multiple – 8 sectors) 2. BFHI Steps 3. Implementation of BFHI Steps in DRC  4. IYCF-E SOP  Videos 1. IYCF-E 2. IYCF Framework Introduction |

# Session overview

| **Section title** | **Time** | **Training methodology** | **Facilitator(s) name** | **Material / Resources** | **Preparation** |
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| **INTRODUCTION** | 12’ | Presentation  Use of video |  | Slides 1 – 9  Video: IYCF-E ​ |  |
| **COMMUNICATIONS, ADVOCACY AND POLICY** | 3’ | Presentation and discussion |  | Slides 10 –11 |  |
| **NON-TECHNICAL, SUPPORTIVE ACTIONS** | 50’ | Presentation and discussion  Use of video  Group activity to advocate for (non-nutrition) sectors to implement supportive actions for IYCF-E |  | Slides 12 – 22  Video: IYCF Framework: A Multi-Sectoral Framework  Participant Handouts: IYCF Framework Sector | Slide 22: Add short description (and find relevant video/news images, if available) of an emergency that is relevant to the training context e.g., current emergency within training context |
| **TECHNICAL INTERVENTIONS** | 15’ | Presentation, discussion and experience sharing  Activity: The Ten Steps to Successful Breastfeeding |  | Slides 23 – 26  Participant Handout: BFHI steps for successful breastfeeding  Participant Handout: Implementation of BFHI Steps in DRC | Slide 26: familiarise yourself with the IYCF-E Repository at <https://www.ennonline.net/ife/iycferepository> You may wish to identify a few contextually-relevant publications, if available, to facilitate understanding of how and why use the IYCF-E Repository. |
| **CROSS CUTTING ISSUES** | 10’ | Presentation |  | Slides 27 - 32 |  |
| **RESPONSE DEADLINE** | 7’ | Presentation and discussion |  | Slides 33 – 35  Participant Handout: IYCF-E SOP Summary Actions by timeline |  |
| **CHALLENGES AND SUCCESSES** | 8’ | Presentation |  | Slides 36 - 43 |  |